

SPECTRALIS

4D HD

Tru Track™

EYE HEALTH CHECK

One in two people with diabetes are
unaware they have the disease



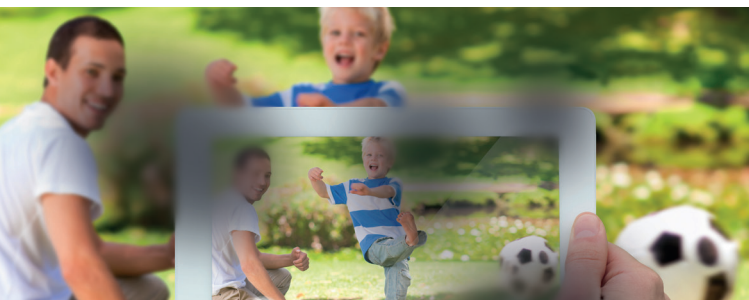
Will you be the one?

Protect your Future
Book your 4D HD
Eye Health Check Today

How can diabetes affect my eye health?

Diabetes can affect your eye in a number of ways. The most serious eye condition associated with diabetes is diabetic retinopathy. This is where the network of blood vessels supplying the retina become blocked or leak, causing vision loss. The lens inside your eye may also be affected, especially when diabetes is uncontrolled, resulting in blurring of vision which comes and goes over the day, depending on your blood sugar levels. A longer-term effect of diabetes is that the lens of your eye can go cloudy, this is called a cataract.

Unfortunately, one in two patients with diabetes are unaware they have the disease. If diabetes goes undetected and a patient's blood sugar levels are uncontrolled, they may develop diabetic retinopathy and not be aware of the disease in their eye until vision loss occurs. Even patients who are aware of their diabetes may not notice problems with their vision until significant damage to their eye has occurred already. The key to reducing the chance of sight loss is early detection and commencement of treatment.



SPECTRALIS
4D  **HD**
EYE HEALTH CHECK

Protect your Future

Book your 4D HD Eye
Health Check Today

Why should I have a SPECTRALIS 4D HD Eye Health Check?

One in two patients with diabetes are unaware they have the disease.

The SPECTRALIS 4D HD Eye Health Check is much more than your standard sight test. It employs the use of a high-tech eye scanner, called the SPECTRALIS, to scan your eyes and look for very early signs of diabetic retinopathy and other retinal diseases. This technology is used on board the International Space Station to check the health of astronaut's eyes and now you can have your eye health checked in exactly the same way here on planet Earth, as we have invested in this same eye scanner.

What is the difference between diabetic eye screening and the 4D HD Eye Health Check?

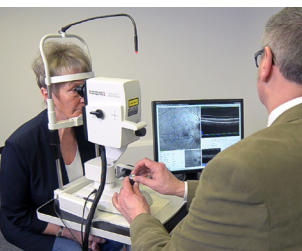
Diabetic eye screening is a relatively short examination that can indicate the presence of diabetic retinopathy. The 4D HD Eye Health Check is part of a more comprehensive eye examination and provides much more information about the health of your eye. Your healthcare provider will look for signs of any eye disease, not just retinopathy, and will be able to see changes in your retina in the very early stages of disease.

Early detection and rapid referral for treatment are key to minimising sight loss.

Having the ability to scan your eyes for changes and monitor the progression of these changes over time is the key to detecting eye disease and minimising the risk of sight loss. Research shows that if retinopathy is identified early and treated appropriately, blindness can be prevented in 90 per cent of those at risk.

We can measure tiny changes in your eye over time to 1/1000 millimetre at every visit. Your optometrist will keep a record of all your check-ups and be able to compare past scans with current ones to check for early signs of diabetic retinopathy or monitor a confirmed case of the disease. The result is a truly 4-dimensional eye health check. The 4D HD Eye Health Check offers you the peace of mind that comes with knowing if your eyes are healthy or that your optometrist will see the smallest change before you do.

What should I expect from my Eye Health Check?



You will simply sit at the instrument and the examiner will scan your eye using a light beam. The scan only takes a few seconds and you can blink normally. You will suffer no discomfort and the camera will not touch your eye.

After the examination, your vision will not be impaired. If your eyecare professional has not dilated your pupil to conduct eye health check or for another examination, you can drive as usual.

What other examinations may be required?

The SPECTRALIS 4D HD Eye Health Check may not be the only examination required to assess your eye for diabetes. If you have diabetes, it is important that you still also attend your annual diabetic eye screening test.

Your eye health care provider will be able to explain to you exactly what examinations you need and what they involve.

You can find out more information about Diabetes and the SPECTRALIS Eye Health Check on the SPECTRALIS Eye Health Check website:

www.spectralis-eyehealthcheck.co.uk

Book your Eye Health Check here:



We can see the smallest change . . .
and that changes everything